#### EVENTS

### National Trails Day Hike

As part of the National Trails Day celebration on June 4, we will hike the Waihee Ridge trail above Waihee on Maui's windward side. We'll concentrate on plants so we may not go the three mile length of the trail listed in guide books. Bring lunch, sunblock and rain gear. We'll be using the Na Ala Hele Trail guides. Reservations required; call Linda (661-4303) for details about place and time.

#### Native Hawaiian Mushrooms Meeting

If you've ever wondered about mushrooms in Hawaii, come to our meeting on native fungi at the Upcountry Community Center on July 19, 1994 at 7:00 pm. Dr. Don Hemmes, botany instructor at UH/Hilo for twenty-one years, will give a slide presentation on native fungi. He has been working on these little-known natives for 5 years. They live on dead leaves and other organisms on the forest floor. By recycling dead material, they return nutrients to the soil and actually produce soil. They are found only in native forest and are largely undescribed by science. In fact, Dr. Hemmes hopes to describe and name the bigger and more colorful ones this summer. He'll share his findings with us at the meeting which is cosponsored by the National Park Service. Hope to see you there.

#### Recognitions

Mahalo to our hardworking volunteers, plus: Dr. Isabella Abbott; Baldwin High School Aloha Club; Bailey Farms; Mr. Pat Bily; The Lawrence Brown Charitable Trust; Mr. Zadoc Brown; CookKwee's Maui Cookies; Mr. Pardee Erdmann; Ms. Deybra Fair; Dr. John Frostad; Girl Scout Cadet Troop 460; HGP, Inc.; Haleakala National Park; Haleakala Ranch; Mr. Skip Hau; Hawaii Audibon Society; Ms. Pamela Hayes; Mr. Robert Hobdy; The Honolulu Advertiser; Ho'olawa Farms; Hopaco; Kahului Public Library; Ms. Judy Mancini; Maui Coffee Roasters; Maui Land and Pineapple Company; The Maui News; Maui Print Kwik; Mr. Art Medeiros; The Nature Conservancy; Oasis Maui, Inc.; Mr. Hank Oppenheimer; Mr. Charles Ota; Paia Video; Ms. Anna Palomino; Mr. John Plews; St. Anthony High School Interact Club; Ms. Lani Scott; Seabury Hall students; Sierra Club (Maui Chapter); The Anne & Jacob Starr Foundations; the State of Hawaii Department of Land and Natural Resources (Division of Forestry & Wildlife); Wailuku Agribusiness; and the following radio stations: Hawaii Public Radio, KAOI, KMVI, KNUI, and KPOA.

## 1993 IN REVIEW

- Jan 9 Hibiscus brackenridgei Exclosure work party.
- Feb 13 La Perouse Exclosure work party.
- Feb 24 Dr. Isabella Abbott gave a wonderful slide show and talk on "Near Shore and Marine Plants at Ahihi Kinau, Maui."
- Mar 13 Gressitt Sanctuary work party.
- Mar 27 Zadoc Brown, with Bob Hobdy and Art Medeiros, showed the native dry shrublands to NHPS members in a hike around Pu'u O Kali below Kula.
- April 10 Work party to Auwahi exclosures.
- April 25 NHPS volunteers walked the Lahaina Pali Trail to survey the native plants for Na Ala Hele, in preparation to opening the trail for the public.
- May 5 Pat Bily of The Nature Conservancy of Hawai'i presented a slide show of the TNC's Waikamoi Preserve to a packed house at the Pukalani Community Center.
- May 8 Work party to the Hibiscus brackenridgei exclosure.
- Jun 2 First planting at the Kahului Library Courtyard Native Plant Garden.
- Jun 12 Weeding and plant maintenance at Gressit
  Preserve on West Maui.
- Jun 13 The Pu'u O Kali hike was so popular that Zadoc Brown and Bob Hobdy did it again, taking hikers over the Pu'u itself.
- Jul 10 Koa haole eradication at the La Perouse exclosure.
- Jul 31 TNC/NHPS Waikamoi hike.
- Aug 14 Auwahi exclosures work party.
- Sep II Weed control at the Hibiscus brackenridgei exclosure.
- Oct 9 Gressit Preserve work party.
- Nov 13 Work Party to Kanaha Pond Wildlife Sanctuary.
- Nov 23 Bob Hobdy and Art Medeiros gave an informative and moving slide show and talk on "Sandalwood: Past, Present, and Future."



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("Reports/Gressitt," continued from p. 1)
emphasize weed clearing to encourage regrowth of the
native species already in the Sanctuary. —Linda Nelson
(661-4303) & Becky Lau (575-2369)

#### Hibiscus brackenridgei Exclosure

This exclosure protects our state flower, ma'o hau hele (Hibiscus brackenridgei ssp. brackenridgei), and needs a lot of work. Several trips in 1993 removed some of the major weedy species such as non-native grasses, lantana, and koa haole. The January 1994 trip revealed many seedlings of ma'o hau hele. 'A'ali'i, and a native amaranth, Achyranthes splendens var. splendens. —Richard Nakagawa (877-4024)

#### Kahului Library Courtyard Garden

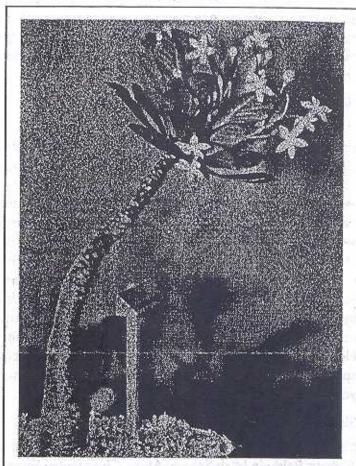
In 1993, the Society began work on a lowland coastal demonstration garden in the Library courtyard. Anna Palomino contributed the original garden design and plants were purchased from Ho'olawa Farms. The first planting was June 2 with 'ohi'a lehua (Metrosideros polymorpha), 'uki'uki (Dianella sandwicensis), 'ulei (Osteomeles anthyllidifolia), as well as creepers and vines put into the ground. Unobtrusive plant identification signs with Hawaiian and botanical names clearly indicated have been generously donated by the Lawrence Brown Charitable Foundation. Work parties are scheduled by Mike Perry as needed. Call him to arrange to help with the project, or contact Linda Nelson (661-4303). The Garden will be dedicated October 15, 1994. –Mike Perry (572-9836)

#### Kanaha Pond Wildlife Sanctuary

Since 1988, the Society has contributed to the restoration of the Kanaha Pond wetland ecosystem. The Tuesday "come rain or shine" volunteers have removed twenty tons of weeds, mostly *Pluchea*, koa haole, and kiawe. Mike Perry, especially, has devoted many extra hours to weed removal. As areas have been cleared, desirable native coastal species have been planted to replenish them. Wiliwili (*Erythrina sandwicensis*), 'akoko (*Chamaesyce celastroides*), 'a'ali'i (*Dodonaea viscosa*), 'akia (*Wikstroemia uva-ursi*), naio (*Myporium sandwicense*), 'anaunau (*Lepidium bidentatum*), *Achyranthes splendens*, and many others were planted in 1993.

Guided field trips brought 700 students through the Pond last year. Also, Girl Scout Troop 460 worked through the year to clear, plant, and maintain a part of the pond which had become landlocked and could not be used by the birds. They named "their" pond Wai Ho'i (water returning the riches of life). NHPS

member George Allen has commemorated their work with a painting to be put on permanent display in the new theater lobby of the Maui Performing Arts and Cultural Center. -Eda Kinnear (871-4891) (Also contact Mike Perry [572-9836] or Joy Tamayose [876-0828].)

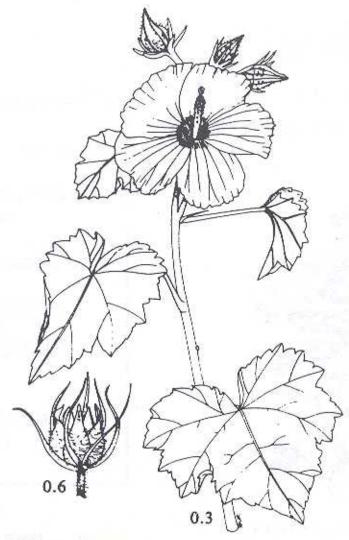


Alula in the Garden. An unusual member of the Hawaiian native plant flora, the alula, is on display at Kahului Library's courtyard garden. The plant, which is found in the wild off the cliffs of Molokai, is currently in bloom. The courtyard garden is stocked with a variety of indigenous plants by the Native Hawaiian Plant Society. The alula plant was recently featured on a National Geographic television special. In the show, the rare plants were being hand-pollinated by a staffer from the Hawaii Plant Conservation Center who was suspended off a cliff by ropes. It is possible the species once populated Maui although none are known in the wild today. [From The Maui News, Sunday, August 22,1993.]

### Accolades...

To father and daughter, Edward Tamayose and Joy. Ed has worked hard and cheerfully on the Kanaha project since its inception, ONLY taking time off to have hip surgery. Joy celebrated her birthday this year by organizing a Sierra Club work day at the Pond. Could she have bribed the group with a promise of delicious pau hana kaukau? O NO!

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Hibiscus brackenridgei subsp. brackenridgei

ILLUSTRATIONS BY YEVONN WILSON-RAMSEY
MANUAL of the FLOWERING PLANTS of HAWAI'I
courtesy of Bishop Museum Press

Hibiscus brackenridgei (MAO HAU HELE)
OFFIAL FLOWER OF THE STATE OF HAWAII (1988 STATE LEGISLATURE)
STRIKINGLY YELLOW FLOWERED HIBISCUS. SIZE/SHAPE VARIES FROM SHRUB
TO SMALL TREE. FOUND ON ALL MAIN ISLANDS EXCEPT NIIHAU AND
KAHOOLAWE. RARE IN ITS NATIVE HABITAT (DRY,LOW ELEV. SHRUBLANDS).
EASILY GROWN (CUTTINGS/SEEDS) FROM CULTIVATED PLANTS. ATTRACTIVE
ORNAMENTAL, NEEDS FULL SUN, GOOD DRAINAGE. USED BY TRADITIONAL
HEALERS IN MEDICINAL PRACTICES.

\*\*\*Please note--January's Field Day has been rescheduled to Jan. 16. We will be going to the <u>Hibiscus brakenridgei</u> EXCLOSURE. Please call Richard 877-4024 or Lisa 878-3564.

# Lā'au Hawai'i

# TRADITIONAL HAWAIIAN USES OF PLANTS



ISABELLA AIONA ABBOTT

#### NHPS PROUDLY ANNOUNCES

DR. ISABELLA ABBOTT
Guest Speaker

Near Shore and Marine Plants at 'AHIHI KINA'U MAUI

> February 24, 1993 7 pm

Upcountry Community Center Pukalani

#### A Note about the Author

ISABELLA AIONA ABBOTT is the G. P. Wilder Professor of Botany at the University of Hawaii, Manoa, where for many years she has taught the undergraduate course in Hawaiian ethnobotany. Dr. Abbott is a specialist in *limu* (seaweeds and other aquatic plants) and, in the course of her distinguished career, has published several books and many articles on this and other subjects. In addition to her university position, she is an Honorary Research Associate at Bernice Pauahi Bishop Museum and a member of its board of directors. She is also a professor emerita of Biological Sciences at Stanford University.

Book Information Courtesy of BISHOP MUSEUM PRESS